



THE MOST ORGANIZED MAN IN AMERICA

Andrew Mellen is an organizational expert, speaker, and the best-selling author of *Unstuff Your Life!*

His message is simple: Get rid of clutter and everything opens up.



Everything means everything—your workspace, your home, your time and your life.

Without clutter and disorganization to distract you, you will finally have free time for what matters, whether that's participating in a local fundraiser, tackling world issues like hunger and climate change or taking your career and productivity to the next level of efficiency and organization.

Andrew believes we waste precious time procrastinating, building unsatisfying relationships with inanimate objects—things that can't reciprocate our affection and stand between us and happiness.

He's on a mission to change that and is committed to helping everyone get back in touch with their core values and the things that really matter—which typically aren't even things at all.

Andrew's frank, practical and compassionate approach has won him fans and followers from CEOs, psychologists and award-winning artists to educators, activists and overwhelmed parents everywhere.

For over 18 years, he's maintained a practice working one-to-one with individuals, as well as one-to-many with SMEs, non-profits and multinational corporations including Goldman Sachs, American Express, Bank of America, Genentech, NetApp, Time, Inc. and the US Departments of Education and Homeland Security.



He speaks internationally on organization, simplifying, sustainability and productivity at conferences such as Dwell on Design, Sustainatopia, Great British Business Show, Dad 2.0, BlogHer and Fresh Business Thinking.

He writes a column for Real Simple (Ask the Organizer) and is a frequent contributor and/or source for Time, The New York Times, Wall Street Journal, CNN Money, Fast Company, The Los Angeles Times, Oprah Magazine, Martha Stewart Living Today, GQ, Better Homes & Gardens, Ladies' Home Journal, Family Circle, All You, InStyle, HGTV and NPR, among others.

Andrew is on the faculty at New York Open Center and as a longtime mindfulness practitioner, frequently teaches about the intersection of organizing and spirituality at venues including Omega Institute, San Francisco Zen Center, Tassajara and the Center for Spiritual Enlightenment.

Andrew lives by his motto: *More Love, Less Stuff!*®

Find him on the web at andrewmellen.com.